

# LOUD & CLEAR


## PREPARING AND DELIVERING GREAT TALKS

### Session 3: Body Language and Delivery

So far in the series we've looked a lot at our material and words but over 90 per cent of what we will communicate to our audience comes down to what we do with our bodies and how we use our voices.

Pause the video after watching the clip of Tim Alford speaking. What do you notice about his body language?

Make any notes from Ali's chat with Tim here:



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It's really natural to feel nervous about speaking! Take some time to talk about that as a group or to think it through on your own. What do you feel particularly nervous of? How could you encourage and support one another as you step out or who could you chat to about your fears?

Tim mentioned Paul's words in 2 Timothy 1:6, "fan into flame the gift of God, which is in you" and the parable of the talents we read about in Matthew 25:14-30.

How could you be intentional about investing in your communication gift even if you haven't yet got an opportunity to give a talk?



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BODY LANGUAGE IS LESS ABOUT MATCHING BODY LANGUAGE TO THE SIZE OF THE GROUP AND MORE ABOUT MATCHING IT TO THE CONTENT OF THE MESSAGE IN THE MOMENT.

Pause the video again after Ali has given her classroom talk where she makes lots of body language and delivery mistakes. How many did you spot?!



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Can you recognise any of your own mannerisms and repeated phrases that might be distracting for others when you talk?



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**Remember:** This isn't about perfectly polished presentation! Getting your body language and delivery right helps your audience hear every word you're saying and really receive your message.

If you'd like to learn more about preparing and delivering great talks, these topics are explored in more detail in Ali's book, Loud & Clear. You can also watch the talks from the Loud & Clear training days on our YouTube channel ([www.youtube.com/soulsurvivoruk](http://www.youtube.com/soulsurvivoruk)).

